

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Can I measure time in minutes and seconds?	Can I read and write the time to o'clock on an analogue clock?	Can I read and write the time to half past on an analogue clock?	Can I read the time to o'clock and half past on an analogue clock?	Can I solve time problems?

**Link to website / lesson video:**

<https://classroom.thenational.academy/lessons/measuring-time-in-minutes-and-seconds-68vp6c?step=2&activity=video>

**NEW LEARNING: Measuring time in minutes and seconds**

**Can you sing the *days of the week* song?**

**Have a go at writing the days of the week in the correct order.**

**(Play video from beginning)**

Group the days of the week into week days and weekend.

Now put all of the days in order.

**Friday                  Tuesday                  Wednesday**  
**Monday                                  Saturday**  
**Thursday                                  Sunday**

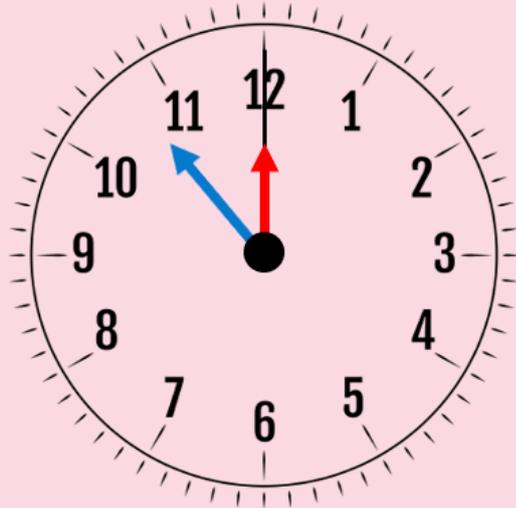
**Read and say the key words:**

 **second**      **longer**        
**minute**      **shorter**  
 **hour**      **minute hand**        
**clock**      **second hand**  
                                  

**How long is a minute?**

**(Play video at 3:08)**

## What is a minute?



**Use a timer to do the following activities:**

(Play video at 6:10)



**How many star jumps can you do in 10 seconds?**

**How many times can you clap in 20 seconds?**

**How many times can you touch your toes in 30 seconds?**

**Record your answers on a piece of paper – write sentences as an extra challenge!**

### INDEPENDENT TASK

#### TO START

**Time yourself completing the following activities:**

- **Walk to your bedroom and back.**

- Jump five times.
- Write your name.
- Eat a snack.
- Brush your teeth.

How long did they take?

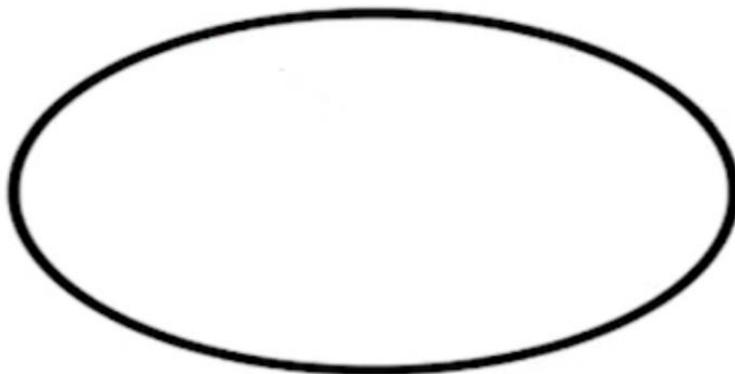
Make a list of the activities and record how long each one takes.

**MOVING ON:**

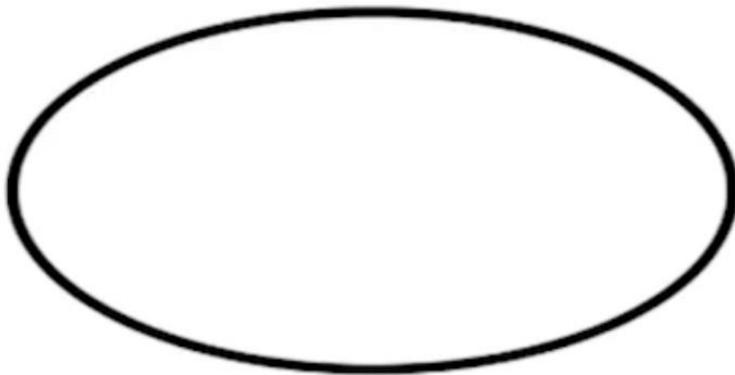
Once you have timed yourself doing each activity, sort them into things that take longer than a minute or shorter than a minute,

**Remember: a minute is 60 seconds!**

Here is an example of how you can record this:



Shorter than a minute



Longer than a minute

**CHALLENGE**

Read these sentences, do you think they are True or False?

## True or false?



True

or



False

- I can eat my lunch in five seconds.
- I can run around the field in two minutes.
- I can throw a ball and catch it 20 times in 10 seconds.

**If you think they are False, write down how long you think they would take!**

**What did I find easy?**

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**What did I find difficult?**

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